# INFORMED CONSENT FORM

1171 N. Bragg Blvd. Spring Lake, NC

910-436-5000

PATIENT NAME:

DATE:\_\_\_\_

#### Please read this entire document prior to signing it.

It is important that you understand the information contained in this document. If anything is unclear, please ask questions before you sign.

#### The nature of chiropractic adjustment:

The primary treatment I use as a Doctor of Chiropractic Medicine is spinal manipulative therapy. I will use this procedure to treat you. I may use my hands, or a medical instrument in such a way as to move your joints. Adjustment may cause an audible "pop" or "click", much as you may have experienced when you "crack" your knuckles. You may feel a sense of movement.

# Analysis/Examination/Treatment

As part of the analysis, examination, and treatment, you are consenting to the following procedures:

Spinal Manipulative Therapy Palpation Vital Signs Range of Motion Testing Orthopedic Testing Basic Neurological Testing Muscle Strength Testing Postural Analysis Hot/Cold Therapy Possible Mechanical Traction Electrical Stim Possible others:

### The material risks inherent in chiropractic adjustment:

Spring Lake Chiropractic

As with any healthcare procedure, there are certain complications which may arise during chriopractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. I will make every reasonable effort during the examination to screen for contradictions to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

#### The probability of those risks occurring:

Fractures are rare occurrences and generally result from some underlying weakness of the bone which I check for during the taking of your history and during examination and X-Ray. Stroke has been the subject of tremendous disagreement. The incidences of stroke are one in five million cervical adjustments. The other complications are also generally described as rare.